

Happily Ever After



Anna - How to Find Belonging in a Lonely World Home Group Study #2 of 5

Questions:

1. **In the movie *Frozen*, Anna struggles with loneliness. Anna has been shut away in her castle home because her sister, Elsa, was unable to control her powers. Afraid of hurting Anna, Elsa shuts her sister out of her life. This has resulted in leaving Anna confused and isolated. Have you ever had someone in your life shut you out unexpectedly or leave you suddenly without explanation? What did the loss of that relationship cost you? What are some of the feelings you experienced?**

“Then the LORD God said, ‘It’s not good that the human is alone. I will make him a helper that is perfect for him.’” (CEB)

While this Scripture speaks to God’s creation of Eve as a companion for Adam, it is also the first time God names something as “not good.” Everything else to this point has been identified as “good” in God’s eyes. Why would God name Adam being alone as not good? What does this tell you about God’s desire for us to be in community/relationship?

2. **What do you think about the following quote? Do you agree/disagree? Why/why not?**

*“Loneliness is actually a state of mind. Loneliness causes people to feel empty, alone and unwanted. Loneliness is not necessarily about being alone. Instead, it is the *perception* of being alone and isolated that matters most.”*

3. **Listen to the song “Love is An Open Door” that Anna and Hans sing after knowing each other for a few hours. They both sing about saying good-bye to the pain of the past with their new relationship. While fun and cute, what are some of the expectations the song reveals that we have of love. How can these expectations be helpful but also hurtful to our relationships (romantic as well as non-romantic)?**

The song “Love is An Open Door” can be found here
<http://youtu.be/fGaxbH2t9Ik>

4. Choose a paragraph, line or word that stuck out to you in the following paragraphs and share why. In what ways do the following scripture verses provide hope for you?

Read 1 John 4:7-12 (NIV)

“Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love. This is how God showed his love among us: He sent his one and only Son into the world that we might live through him. ¹⁰This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. Dear friends, since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.”

In Closing:

Read Romans 8: 38-39

“For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Deuteronomy 31:6

“Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.”

Pray: Thank God for His enduring love and for His promise to never leave us.

Next Sunday we will continue our Happily Ever After series by taking a look at “How to Mend a Relationship Torn by Pride” from Merida’s *Brave*. Service starts at 10:45am at Church in the Mall, I hope you will join us.